

Spring & Summer 2016

COMMUNITY GUIDE



PETAWAWA
DYNAMIC BY NATURE



NEW!
**TOWN
TIMES**
PAGES 11-14

CHECK OUT OUR
**SUMMER
CAMPS**
PAGE 4

REGISTER NOW • See Page 2 for full details

Parks & Recreation Office Hours: Monday–Friday 8:00am–4:30pm
www.petawawa.ca | 613-687-5678 | www.facebook.com/townofpetawawa



Message from the Manager of Parks and Recreation

Dear Resident,

Once again your recreation team at the Town of Petawawa has created and developed a wide array of summertime activities and programs for you and your family to enjoy. Don't be shy – get out and try something new. The Community Guide provides you with the information you need to get started.

Interested in Kayak or SUP? The Town of Petawawa offers a great rental and lesson program at Petawawa Point each summer. Focused on fundamentals, the program offers quality equipment and instruction that will have you "...paddling into Mattawa all the way from Ottawa in just one day" in no time.

For those more experienced paddlers, I invite you to attend the 2nd annual Upper Ottawa River Race and Paddle Festival to be held on August 5-7, 2016. Organized in partnership with the City of Pembroke, this growing event offers both competitive and recreational paddling races for both kayak and SUP enthusiasts. Additionally, Stand-up for CHEO, a leisurely SUP race, runs on Day 2 of the event with proceeds going to CHEO. New this year to the festival, the Upper Ottawa River Kayak Fishing Derby will be held on Day 1 of the festival. This Catch-Measure-Photo-Release derby features multi-species prizes and awards for both youth and adults. For more information on the festival, please see the ad in this guide or go to www.upperottawariverrace.ca

We hope you take the time to enjoy Petawawa's awesome array of recreational offerings this spring and summer. Remember to keep your line tight and your paddle in the water. See you out there.

Yours in Recreation,
Kelly Williams
Manager of Parks and Recreation

KELLY WILLIAMS
Manager of Parks and Recreation
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613-687-5678 * 2104

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SANDY KREUTZ
Departmental Secretary
skreutz@petawawa.ca
687-5678 * 2101



Message from the Mayor

It is my distinct pleasure to bring greetings to both Petawawa residents and visitors on behalf of Petawawa Town Council. Welcome to the Spring/Summer Community Guide. This guide is full of exceptional programming, activities, events and attractions and has, this year, incorporated a bi-annual edition of the Town Times; a quick reference resource to season specific municipal administrative information.

The Town of Petawawa strives to provide unforgettable, yet affordable recreational activities for every age, ability and demographic. Challenge your family, friends, neighbours, and colleagues to try a new program or activity. The unique, diverse facilities that the Town of Petawawa has, allows for numerous events, programs and activities year-round.

The Petawawa Civic Centre and the Petawawa Public Library continue to be the central location for our many community recreational, social, and cultural activities. These recreational programs, social, and cultural activities, are the cornerstone to creating a sense of community in Petawawa and they bring people of all walks of life together to foster healthy community relationships. Take advantage of these amazing opportunities. Now is the time to create life long memories. I encourage you to review the guide in detail and I am sure you will find many programs of interest for children, adults and seniors alike. Sign up early to avoid disappointment.

As always, Council is working hard to meet the needs of the community and your input is valued. Council contact information is provided below for your convenience and if you ever have a question regarding municipal government or recreation programming, please feel free to call the municipal office at 613-687-5536.

Best wishes,

MAYOR BOB SWEET
613-687-5837
mayor@petawawa.ca

DEPUTY MAYOR TOM MOHNS
613-687-2072
tmohns@petawawa.ca

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TABLE OF CONTENTS

Message from the Mayor Inside Front Cover

Message from the Manager
of Parks & Recreation. Inside Front Cover

Parks & Recreation Staff
and Contact Information Inside Front Cover

Program Registration Information 2

Program Registration Form 3

Summer Camps 4

Children's Programs 5

Youth Programs 6

Adult & Older Adult Programs 7

Family Programs 8

Special Events 10

Town Times 11-14

Festival Hall 15

Petawawa Heritage Village 15

Guide to Outside 16

Paddling & Safe Boating 17

Petawawa Construction Yark Bike Park 17

Petawawa – A Walkable Community 18

Petawawa Trails – Did You Know? 18

Petawawa Parks Inventory 19

Birthday Party Packages 20

Petawawa Public Library 21

Volunteering in Petawawa 21

Scentral Bark Off-Leash Dog Park 22

Community Contact List 23-24

Beyond Nutrition

Owner *Remy Schmitt*

Vitamins • Supplements
Body Building • Cosmetics
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& more

3468 A Petawawa Blvd., Petawawa, ON K8H 1X3
Phone 687-4335 • Fax 687-8586

PEMBROKE TILE 611 Hamilton Street, Pembroke
Carpet & Drapery 613-735-0123

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- Vinyl Flooring
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- Cork Flooring
- Interior Designers On-Staff
- Professional Installation
- Free Estimates



611 Hamilton St.
Boundary

Pembroke St. W. Trafalgar Rd. Forced Rd.

611 Hamilton Street, Pembroke, ON
Phone: 613-735-0123
Fax: 613-735-4515
Web: www.pembroketile.ca

PROGRAM REGISTRATION INFORMATION

REGISTER EARLY TO AVOID FULL OR CANCELLED PROGRAMS



MAIL IN

Parks and Recreation Office
16 Civic Centre Rd.
Petawawa, Ontario K8H 3H5



ASSISTANCE

Phone: 613-687-5678 * 2102
Fax: 613-687-6746
Email: ccoyle@petawawa.ca



IN PERSON REGISTRATION:

Parks and Recreation Office
16 Civic Centre Rd.
Petawawa, Ontario K8H 3H5
Monday – Friday 8:00am - 4:30pm



EXTENDED HOURS IN PERSON REGISTRATION:

Spring: April 4-7 from 7:00am-7:00pm
Summer: June 6-9 from 7:00am-7:00pm

Please note: Program registration will not take place at any classes.

PROGRAM POLICIES

REFUNDS, TRANSFERS OR WITHDRAWS

All requests for refunds or withdraws must be made in writing. A \$20 administration fee plus a fee for classes attended will be deducted from all approved refunds. Refunds will be processed according to the date the request is received by the Parks and Recreation department. Please allow three to five weeks for refunds to be processed.

FULL REFUNDS – CANCELLATIONS

If the program you choose is cancelled, a full refund will be provided. The Parks and Recreation department reserves the right to cancel programs due to insufficient registration. All registration will be refunded by cheque, please allow for three to five weeks for any refunds.

NSF CHEQUES

All cheques returned to the Town of Petawawa, will be subject to a \$20 administration fee. Town of Petawawa Parks and Recreation will withhold processing of all program registration until the replacement payment has cleared and payment of NSF charges have been made in full.

NSF cheques are to be repaid in 1 of the following 3 ways:

1. Cash
2. Certified Cheque
3. Money Order

PRORATE POLICY

Classes will not be prorated for any reason.

CONFIRMATION

Submission of registration applications does not necessarily mean acceptance in the requested program. The Parks and Recreation department will send out a confirmation of the program prior to its commencement. Please call 613-687-5678 for verbal confirmation.

WAITING LISTS

If you cannot be accommodated in any of your selections, your name will be added to the Waiting List for you. Your payment will be returned to you and no other payment will be processed.

FORMS OF PAYMENT

Cash, Cheque (made out to Town of Petawawa)



Welcome to the / Bienvenue au

PETAWAWA MILITARY FAMILY RESOURCE CENTRE

CENTRE DE RESSOURCES POUR LES FAMILLES DES MILITAIRES DE PETAWAWA

[facebook.com/pmfrc](https://www.facebook.com/pmfrc) [@PetawawaMFRC](https://twitter.com/PetawawaMFRC)

- ✓ Employment Resources
- ✓ Health & Wellness Programs
- ✓ Volunteer Opportunities
- ✓ Deployment Readiness Support
- ✓ Counselling Services
- ✓ Parenting Programs and Playgroups
- ✓ Youth Programs
- ✓ Child Care Services and more!

Services available to military and civilian



Are you looking for employment? Check us out!
www.petawawaemployment.ca

Sign up for our e-mail newsletter!



(613) 687-7587 ext. 3221/3222
WWW.FAMILYFORCE.CA/SITES/PETAWAWA

Do you need financial assistance to make sure your kids can participate in various physical activities?



Jumpstart

Giving kids a sporting chance.

FOR INFORMATION CALL 613-687-5678



PROGRAM REGISTRATION FORM*

* Please read policies on page 4 before submitting registration

The personal information collected herein is subject to the Municipal Freedom of Information Act and the Personal Information Protection and Electronic Documents Act. The information collected may be used for registration and marketing purposes and will be stored electronically by the Town for a period of time to facilitate annually registrations, surveys and mailings. Completion of this form constitutes consent by the applicant/ user to these terms and uses, unless otherwise modified or revised in writing delivered to the Town.

have you PREVIOUSLY REGISTERED with Recreation Services?	Yes	No
has your ADDRESS CHANGED since you last registered?	Yes	No
has your TELEPHONE NUMBER changed since you last registered?	Yes	No

MAIN CONTACT

Last Name		First Name		E-mail	
Address			Apt./Unit No.	City	Postal Code
Home Telephone		Business Telephone		Cell	
Emergency Contact Name		Relation		Telephone	

PARTICIPANT 1

Last Name (of Participant)		First Name		Birth Date		Sex	
				MM	DD	YYYY	M F
Program Name			Location			Fee	
1st Choice							
AND	OR						
AND	OR						
Special Needs							
Medical Info (Medications / Allergies)							

PARTICIPANT 1 or 2

Last Name (of Participant)		First Name		Birth Date		Sex	
				MM	DD	YYYY	M F
Program Name			Location			Fee	
1st Choice							
AND	OR						
AND	OR						
Special Needs							
Medical Info (Medications / Allergies)							

WAVIER MUST BE SIGNED IN ORDER FOR YOUR APPLICATION TO BE PROCESSED

I hereby waive and forever discharge the Town of Petawawa, its employees, agents, officers and elected officials from all claims, damages costs and expenses in respect to injury or damage to my/their person or property, however caused, which may occur as a result of my/their participation in the program in any location where the program is being held. I acknowledge and agree that the Town may use photographs of Recreation Services programs and the participants therein for promotional purposes.

Authorizing Signature(s)

METHOD OF PAYMENT	CHEQUE	CASH
TOTAL \$		

SUMMER CAMPS

Summer Camps run 8:30 am – 4:30 pm. Before and After Care is available.
ALL programs require pre-registration as spaces are limited.

CAMPS – AGES 4-8

NOTE: all children in this age group must be toilet trained without assistance.

ADVENTURE SEEKERS

Around every corner is a new adventure. From treasure hunting to nature walks and outdoor play this camp will be outdoor fun at its best.

Cost: \$150.00

Dates: Adventure Seekers 1 – July 4-8
Adventure Seekers 2 – August 22-26

EXPLORATION CAMP

Have the chance to experience what's around you from wildlife, to the environment, learn while you play and most importantly explore every day!

Cost: \$150.00

Dates: August 8-12

LITTLE CREATORS – 4-DAY CAMP

Each day teaches a new "ART" experience clay sculpting, nature creations, food creations and much more creative art projects.

Cost: \$150.00

Dates: Little Creators 1 – June 27-30
Little Creators 2 – August 2-5

MIND, BODY & SOUL

From painting to yoga, fun healthy foods to active play. You're never too young to learn while you have fun!

Cost: \$150.00

Dates: July 25-29

NATURAL KIDS

It's all about being outdoors with no screen time. Learn and play in nature, crafts, games, activities, cooking and fun will be in natural settings.

Cost: \$150.00

Dates: July 11-15

WATER ADVENTURES

Everything water, water games, activities, art projects and more. Make sure to bring a towel!

Cost: \$150.00

Dates: July 18-22

WHERE THE WILD THINGS ARE

Time to get wild, make animal themed project, petting zoo and more.

Cost: \$150.00

Dates: August 15-19



CAMPS – AGES 8-13

ADVENTURE CAMP

This camp has it all! Campers will have the chance to hike, learn new camping skills, learn techniques at the bike park, kayak and stand up paddle, geocaches and more.

Cost: \$150.00

Dates: Adventure Camp 1 – July 4-8
Adventure Camp 2 – July 25-29
Adventure Camp 3 – August 22-26

BIKE CAMP – 4-DAY CAMP

From the chance to hit the trails and ride single track to bike park lessons from BROSE FARM instructors to learning how to maintain your bike and fix basic problems. If you love to ride, grab your helmet this 4-day camp is for you.

Cost: \$150.00

Dates: Bike Camp 1 – June 27-30
Bike Camp 2 – August 2-5

FINE ARTS CAMP

Each day is a different art form from painting, to music, dance, comedy and more.

Cost: \$150.00

Dates: August 15-19

KAYAK AND STAND UP PADDLE CAMP

Learn the techniques and skills to kayak and stand up paddle. Explore the island at Petawawa Point and have fun playing water based games and activities. Put your skills to the test on the last day as you set out of a mini excursion!

Cost: \$150.00

Dates: Kayak & SUP Camp 1 – July 11-15
Kayak & SUP Camp 2 – August 8-12

MAGIC AND CIRCUS CAMP

Magicians teaching magic tricks, Performers teaching circus acts, acrobatic tricks and more.

Cost: \$150.00

Dates: July 18-22

CAMPS – AGES 14-16

LEADERS IN TRAINING

Develop and gain experience working with children. Each day leaders will receive skills development session as well as hands on experience implementing camp programs with children aged 3-7 in a supervised environment. One Leaders In Training space available per week.

Cost: \$150.00

Dates: 1 space available each week

Art e motive
Repairs inc.

– Foreign & Domestic Cars & Trucks – Full Service Repair Centre
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613-687-4986
3197 A PETAWAWA BLVD., PETAWAWA

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CHILDREN'S PROGRAMS

SPRING PROGRAMS

BIKE RODEO

A clinic to teach children the skills and precautions to ride a bicycle safely. Put your skills to the test with the bike obstacle course, and learn basic bike maintenance.

Ages: 6-13

Cost: FREE

Time: 10:00am-1:30pm

Dates: Saturday, May 7

DINNER FOR THE PARENTS

Kids will prepare a take home meal. Parents will freeze the meal and use it for a night you don't feel like cooking. Learn from hands-on preparation and cooking.

Ages: 6-10

Cost: \$12.00

Time: 6:00-7:15pm

Dates: Monday, April 18

KICKN' IT PRE-SCHOOL

Get the kids running around, kicking ball, jumping over obstacles and releasing energy. Active movement and fun rolled up into one program.

Ages: 2-5 & parent

Cost: \$10.00/pair

Time: 10:00am

Dates: Wednesdays, June 1-22

KIDS AND NATURE

It's important for kids to be active outdoors in nature! A different activity each week in a natural play area. Perfect for getting some vitamin N (Nature).

Ages: 6-12

Cost: \$20.00

Time: 5:00-6:00pm

Dates: Thursdays, June 2-23

MAKING MUD

It's OK for kids to get dirty! Each week kids will make a different clay-based activity that they can take home.

Ages: 2-5 and parent

Cost: \$15.00

Time: 1:30-2:30pm

Dates: Mondays, April 11-25

PARENT AND KIDS BALL HOCKEY

Time for a little challenge of Junior vs. Senior. This is a just for fun game to get kids playing against other kids and their parents.

Ages: 4-8 & parent

Cost: \$12.00 parent and child (\$3.00 for extra child)

Time: 6:00-7:00pm

Dates: Tuesdays, May 3-24

PLAY JUST FOR THE FUN OF IT!

A chance for the kids to run around just to be active, play games and be kids. Each week will be a new game or sport promoting healthy fun and physical activity.

Ages: 6-11

Cost: FREE

Time: 6:00-7:00pm

Dates: Wednesdays, June 1-22

PRINT FACTORY

Print Banana! Print Print Banana! Print Banana! Print Print Banana! Print Banana! Print Print Banana! Learn the repetitive press of art. Program instructed by: Palette-able Arts Programming.

Ages: 4-10

Cost: \$40.00

Time: 1:00-2:00pm

Dates: Saturdays, June 4-25

SOCIAL STROLL

Calling all mommies and daddies: it's social hour! Join other neighbourhood parents for a neighbourhood stroll, kiddies in tow!

Ages: Babies and up

Cost: FREE – must pre-register

Time: 10:00am

Dates: Wednesdays, May 4-25

THE RIGHT END OF THE BRUSH

Paint like a pro and use the real painter's materials. Get to know the art practice of the brush and knife while mixing acrylics, oils, watercolour and gouache. Program instructed by: Palette-able Arts Programming.

Ages: 4-10

Cost: \$40.00

Time: 1:00-2:00pm

Dates: Saturdays, April 23 - May 14

SUMMER PROGRAMS

“EN PLEIN AIR!”

Art in the open! Find out the natural way to make art out in the open air! Discover how to work on site, creating art installation, evolution art and earth art. Instructed by: Palette-able Arts Programming.

Ages: 4-8

Cost: \$25.00

Time: 10:00am

Dates: Saturdays, August 6-27

OUTDOOR PAINTING PARTY

Everyone gets a canvas and paints! Let's take the mess and fun outdoors! Try using unusual items to paint with.

Ages: 2-5 and parents

Cost: \$10.00

Time: 10:00am

Dates: Wednesday, June 29

PARENT AND TOT SPORT

Activities to help children learn skills to a new sport each week. Parent participation needed.

Ages: 3-6

Cost: \$10.00/pair

Time: 10:00am

Dates: Wednesdays, August 10-31

PLAYGROUND PALS

Meet at a different community park each week for various games and activities.

Ages: 2-6

Cost: FREE

Time: 10:00am

Dates: Thursdays, August 4-25



YOUTH PROGRAMS

SPRING PROGRAMS

BIKE SKILL DEVELOPMENT

Learn and develop new skills at the Petawawa Bike Park taught by Brose Farm Instructors for beginner and intermediate. Learn to safely and properly ride all the park's features. Must have own working bike and helmet.

Ages: 7+

Cost: \$40.00

Time: 9:00am-1:00pm

Dates: June 19, July 17, August 14

CREATE AND PAINT

Learn painting techniques to create your own style. Price includes supplies.

Ages: 10-14

Cost: \$15.00

Time: 6:00pm

Dates: Tuesday, June 7

GRUB ON THE GO

Youth learn the basics of kitchen safety, and healthy food preparation, while making easy snacks every week.

Ages: 10-14

Cost: \$20.00

Time: 4:00-5:00pm

Dates: Thursdays, May 5-26



EQUIPMENT LENDING HUB

Petawawa wants you to be able to enjoy time with your kids outdoors and benefit from the nature that surrounds us.

Your Petawawa Public Library card is your key to unlocking a new adventure that is just around the corner. Equipment is FREE to check out with your library card.

OPEN YOUR IMAGINATION, CHOOSE YOUR OWN ADVENTURE AND GET IN TOUCH WITH NATURE.

- Snowshoes
- Bikes & Helmets
- Fishing Equipment
- Yoga Mats
- Nordic Poles
- Go Pro Camera
- Mini Family Adventure Backpacks

"Look deep into nature & you will understand everything better"
ALBERT EINSTEIN

NATURE JOURNALING

Observe, identify, sketch, and interpret nature. Learn techniques for keeping record of what you see, hear, smell in the environment around you.

Ages: 10-14

Cost: \$5.00

Time: 6:30-7:30pm

Dates: Monday, June 6

OMINKIN KIN-BALL

Played with a ball of 1.22 m in diameter and weighs 1 kg. The goal of the game is simple; to catch and control the ball before it touches the ground. Points are given when a team commits a fault such as dropping the ball.

Ages: 10-14

Cost: FREE – MUST REGISTER

Time: 6:30-7:30pm

Dates: Wednesday, May 4

THE RIGHT END OF THE BRUSH

Paint like a pro and use the real painter's materials. Get to know the art practice of the brush and knife while mixing acrylics, oils, watercolour and gouache. Program instructed by: Palette-able Arts Programming.

Ages: 13+

Cost: \$40.00

Time: 7:00-8:00pm

Dates: Saturdays, April 23 - May 14

SUMMER PROGRAMS

DOT YOUR "I'S" AND CROSS YOUR "T'S" THEN LEARN THE ART OF CALLIGRAPHY

Take out your quills and ink and show the world in writing just how to think. Get the tools to become a calligraphy craftsmen and turn any word to art! Program instructed by: Palette-able Arts Programming.

Ages: 13+ and Adults

Cost: \$25.00

Time: 6:00-7:00pm for 13+

7:15-8:15pm for 18+

Dates: Mondays, July 4-25

GEOCACHING ADVENTURE

Learn this world wide scavenger hunt. You will be surprised how many adventures are right in Petawawa.

Ages: 12+

Cost: \$5.00

Time: 6:00-8:00pm

Dates: Wednesday, August 10

OUTDOOR SUMMER SURVIVAL

Wondering why you would need to take this "Summer Survival" workshop? Do you know how to get water from a tree, or build a rain shelter? Gain knowledge and take home your own survival kit.

Ages: 10-14

Cost: \$10.00

Time: 6:00-8:00pm

Dates: Tuesday, July 19

PLAY AND PADDLE

Program to teach skills of kayaking/Sup through fun games, and activities. Participants will learn the necessary skills to keep them safe and encourage a lifelong interest in paddling.

Ages: 10-14

Cost: \$5.00

Time: 6:00-8:00pm

Dates: Wednesday, July 27

ADULT & OLDER ADULT PROGRAMS

SPRING PROGRAMS

CORKS AND CANVAS

An introduction to painting paired with a glass of wine. Learn, experiment and have fun.

Ages: 19+

Cost: \$30.00 +HST

Time: 6:30-8:30pm

Dates: April, May, June

MADE FROM SCRATCH

Are you wanting to eat clean, but don't know where to start? Take this session and learn from a local Farm how to make a meal from fresh ingredients.

Ages: Adults +

Cost: \$15.00 +HST

Time: 6:30pm

Dates: Tuesday, Apr. 19

PICKLE BALL (BEGINNERS)

A new sport that is gaining a lot of interest. This is an easy fun game that combines ping pong and tennis. Try it out and have fun!

Ages: Adults+

Cost: \$10.00 +HST

Time: 9:30am

Dates: Tuesdays, June 7-28

TRAIL TOURS

Each week explore a new trail, make friends, and learn a few facts about Petawawa.

Beginner - Intermediate.

Ages: Adults+

Cost: \$15.00 +HST

Time: 6:30-7:30pm

Dates: Mondays, May 2-30
(no session May 23)

ULTIMATE FRISBEE

This very fast-paced game is non-contact co-ed sport that combines the skills of football and soccer.

Ages: 16+

Cost: \$20.00 +HST

Time: 7:00pm

Dates: Tuesdays, May-September

SUMMER PROGRAMS

ADULT BIKE PARK CLINIC

Whether you want to learn just for fun or you want to learn so you can keep up with your kids, Brose Farm will be covering all the basics and intermediate skills to be at the Bike Park.

Ages: Adults+

Cost: \$40.00 +HST

Time: 9:00am-1:00pm

Dates: Sunday, July 24

INTRO TO KAYAK FISHING

Taking fishing to a whole new level. Get into those places you can't access by motor boat or can't get to by shore. All equipment provided.

Ages: 12+ and Adults+

Cost: \$10.00 +HST

Call for info: 613-687-5678



PADDLES AND PHOTOGRAPHY

Paddle the picturesque Ottawa River by kayak and find your inspiration. A professional photographer will take you out to capture those perfect landscape photos of this area. All paddling equipment and instruction included (bring your own camera).

Ages: Adults+

Cost: \$25.00 +HST

Time: Sunset

Dates: July - call 613-687-5678

PAINTING THROUGH YOGA

We lay the canvas, get your hands/feet/body covered in paint and enjoy doing Yoga in an outdoor environment. Make a masterpiece to take home, while stretching your body.

Ages: Adults+

Cost: \$25.00 +HST

Time: 2:00pm

Dates: Sunday, June 12

STAND UP PADDLE YOGA

Where Yoga meets water. Taught by Liquids Skills; all equipment provided. Take Yoga to a fun new experience.

Ages: 16+

Cost: \$150.00 +HST

Time: 6:30pm

Dates: Thursdays, July 17 - August 11

STORY BY PADDLE

A leisurely paddle through the history and time of the Petawawa area and the many islands of the Ottawa River. All equipment and guide included.

Ages: Adults+

Cost: \$5.00 +HST

Time: 9:30am

Dates: Wednesday, July 20

Silver Threads
Seniors Club of Petawawa



1163 Victoria Street,
P.O. Box 313,
Petawawa ON K8H 3J1

Swedish Weaving • Toile Painting • Water Colours • Quilting
Contract Bridge • Bingo • Euchre • Seminars • Fundraisers
Fitness 3 times a week (Mon., Wed., Fri.) • Yoga • Line Dancing
Dinner & Dances (Valentine's, St. Patrick's, Western, Oktoberfest, Christmas)
Spring Tea • Christmas Tea • Cabin Fever (Winter Carnival) • Chili Luncheon

Please see website for more information on dates, times and fees for activities.

Email: silverthreadspetawawa@hotmail.com • Website: www.silverthreadspetawawa.ca
Faye Arnold 613-687-6574 (Silver Threads) • Barbara E. Bailey 613-687-4547 (Home)

FAMILY PROGRAMS

PROGRAMS AT CENTENNIAL PARK

Have fun this summer and enjoy these FREE activities in Centennial Park at 6:00pm.

Each week is a new activity.

Call 613-687-5678 * 2102 to reserve your spot for FREE! MUST call in advance to register

- Legion Band June 22
- Yoga in the Park..... June 29
- Movie NightJuly 3
- Art in the ParkJuly 13
- Fishing in the Pond.....July 20
- Live MusicJuly 27
- Native CraftAugust 3
- Drum CircleAugust 10
- Square DancingAugust 17
- SUP Yoga in the Pond ...August 24

FAMILY ART ADVENTURE

Come as a family, and get your creative juices flowing. A family that paints together makes great memories.

Ages: Families – all ages
Cost: FREE – MUST call to book
Time: 2:00pm
Dates: Saturday, July 23

FAMILY PADDLE

Explore Black Bay area as we paddle, explore and see signs of wildlife and history. Boards and kayaks provided for FREE whether you want to bring the kids or just you and a friend.

Ages: Families – all ages
Cost: FREE – MUST call to book
Time: 10:00am
Dates: Saturday, June 25

HUNTING FOR TREASURES

Grab the kids and join the search for hidden treasures. Geocaching is a great activity to bring the family together and get outside to have fun! GPS units will be provided.

Ages: Families – all ages
Cost: FREE – MUST call to book
Time: 2:00pm
Dates: Sunday, August 14

SKY TOUR

Learn as a family what you're looking at in the night sky. All equipment and guide included.

Ages: Families – all ages
Cost: FREE – MUST call to book
Time: 9:00pm
Dates: Friday, June 10

SOCIAL EVENING PADDLE

Every second Tuesday try canoe, kayak, or stand up paddle as we paddle as a group around Petawawa Point Beach. Call to reserve your spot 687-5678 * 2102.

Ages: Families – all ages
Cost: FREE – MUST call to book
Time: 6:00pm (Every 2 weeks)
Dates: Starting Tuesday, May 24



Madameek

where Lebanese cuisine gets its originality



Outside Catering Special Events Dine In Take Out

1024 Petawawa Blvd., Petawawa 613-687-6872 | 244 Pembroke St. W., Pembroke 613-732-1000



/Madameek



/Madameek1



madameek.com

Progress To Fitness

55+



**Daytime classes will be offered
from April to June at the
Civic Centre.**

**FOR ONLY \$15 TAKE PART IN ALL
8 CLASSES THAT INCLUDE:**

- Tai Chi
- Healthy Cooking & Nutrition
- Financing
- Nordic Pole Walking
- Art • Yoga
- Computers 101
- ...And more!



**For more information or to register call 613-687-5678
ccoye@petawawa.ca • www.petawawa.ca**

SPECIAL EVENTS

& RibFest
PETAWAWA
CIVIC CENTRE DAYS 2016

JUNE 10th to 19th

3 Professional Rib Teams
Midway Rides
Petawawa Craft Beer Festival
Saturday Live Music with
AC/DC tribute band GREAT/SCOTT
Sunday
Enter your 4X4 in the TOUGH TRUCK Event
www.civiccentredays.ca

PETAWAWA - PEMBROKE
UPPER OTTAWA RIVER RACE & PADDLE FESTIVAL
CANOE SUP KAYAK
AUGUST 5-7, 2016

**CANOE ~ KAYAK
STAND UP PADDLE**

13km, 4km, 1km
& Kids Races
Kayak Fishing Tournament



Prizes & Awards
Games & Relays
Demonstrations
Kids Zone
Food Vendors
Live Music
Film Festival
SUP Yoga
Stand Up For CHEO

AUGUST 5-7, 2016

www.upperottawariverrace.ca

CANADA DAY



CELEBRATION

Centennial Park
12:00 - 4:00 pm
Family Events & Kids Games
Live Music
FREE Barbecue and Cake
(while supplies last)
FREE EVENT
www.petawawa.ca



**TOWN OF PETAWAWA
MUNICIPAL OFFICE**
1111 Victoria Street
Petawawa, ON K8H 2E6

Hours of Operation

Monday – Friday 8:30 am to 4:30 pm
(Closed Statutory Holidays)

Phone: 613-687-5536

Fax: 613-687-5973

Email: email@petawawa.ca

Website: www.petawawa.ca

MEETING SCHEDULE

Council Meetings are held the first and third Monday of each month at 6:30 p.m. in the Council Chambers at the Municipal Office.

Council-in-Committee Meetings are held the second and fourth Monday of each month at 6:30 p.m. in the Council Chambers at the Municipal Office.

Agenda coverpages are posted online at www.petawawa.ca on the Thursday prior to the scheduled meeting. To receive a full agenda package contact the Deputy Clerk at 613-687-5536.

Meetings are open to the Public.



Pictured from left are Jean Belec, Pierre (Chico) Traclet, Sheila Durand, Bob MacKenzie, Mark Reinert and Kelly Williams.
Photos by Peter Moss

Town of Petawawa Service Awards

Celebrating milestones for years of service with the Town of Petawawa are:

- **40 Years:** Steve Knott and Tom Renaud
- **30 Years:** Tom Donnelly
- **20 Years:** Peter Moss and Bill Tabram
- **15 Years:** Ruth Murdock
- **10 Years:** Craig O'Brien, Clem Paradis, Jay Cotnam and Cyndy Phillips
- **5 Years:** Elliot Fauteux, Jeff Warren, Colin Coyle, Joe Brazeau and Kelly Williams

Retirements

- Bob Mackenzie retired after serving 39 years with the Parks and Recreation Department
- Jean Belec retired after 21 years with the Fire Department, serving 10 years as Deputy Fire Chief

New Staff

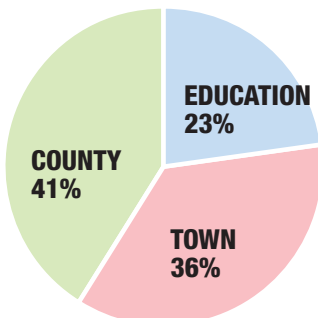
- Sheila Durand was hired as the new Chief Executive Officer (CEO) for the Petawawa Public Library
- Victoria Morena was hired as Event Assistant for the 150th Anniversary Celebrations and Upper Ottawa River Race and Paddlefest
- Christine Mitchell was hired as Executive Assistant to the CAO and Council

Staff Achievements & Promotions

- Karen Cronier, Planning Coordinator, received her Registered Professional Planner and Member of the Canadian Institute of Planners Designations
- Annette Mantifel, Treasurer, received her 20 year membership service award from the Association of Municipal Managers, Clerks and Treasurers of Ontario
- Pierre (Chico) Traclet was appointed as Deputy Fire Chief

Tax Notes

Where do your tax dollars go?
Town of Petawawa 2015
Residential Property Tax Bill



Residential taxes for the year are paid in three instalments at the end of March, July and October. If you would prefer to pay on a monthly basis, then a recurring payment can be set up through online or telephone banking. Please contact the Tax Department at 613-687-5536 for assistance in determining a suitable payment amount.



Outstanding Student Citizenship Award Winners

The Town of Petawawa recognized the most community-minded in our youth with the presentation of the 2015 Outstanding Student Citizenship Award to eight recipients. In the top photo are (left to right) awards co-ordinator Beverly Bimm, Belana Millham, Mathieu Gagnon, Samuel Schroeder, Brett McNamara, Erika Weisenberg, Mara Copeland, Sydney Gen and Mayor Bob Sweet. Pictured to the left is the eighth recipient Chloe St. Amand with Mayor Sweet.

Photo above by SEAN CHASE/DAILY OBSERVER

Importance of Building Permit Applications & Approvals

A Building Permit is your formal permission from the Town to begin any construction, addition, demolition or renovation on your property. In order to ensure that your plans comply with the Ontario Building Code, our local Zoning By-law, and other applicable regulations, Town staff must review your plans, prior to the commencement of work.

Building Permit Applications

Building Permits are intended to regulate various types of building construction that are allowed in the community and to ensure that they meet all building standards. The building permit process protects both the owner's interests and those of the community at large. It also helps to ensure that any structural changes are safe. Failure to obtain proper Building Permits can result in costly construction delays, legal action and/or the removal of work already completed. In many cases, your designer or contractor will get permits on your behalf. ****Please remember that, as the building owner, you are ultimately responsible for complying with all building requirements.****

When Building Permits are required:

- Structural alterations
- Demolishing or removing all or a portion of a building
- Constructing a new building
- Addition to an existing building
- Changing a building's use
- Building a garage, deck or balcony

- Making new openings for, or changing the size of, doors and windows
- Installing, changing or removing partitions and load bearing walls
- Renovating or repairing a building
- Installing or modifying the heating, plumbing or air-conditioning systems
- Installing a wood burning stove/fireplace
- Excavating a basement or constructing a foundation
- Installing or reconstructing chimneys or fireplaces
- Constructing accessory structures larger than 108 sq. ft. in area
- A basement entrance
- New or altered plumbing
- Constructing a Second Suite
- Constructing a deck more than 24" above ground
- Roofing when structural work is involved
- Installing a Sign
- Installing Swimming Pools

****REMINDER** It is the Permit Holders responsibility to notify the Building Department for Building Permit Inspections**

PORTABLE GARAGE BY-LAW 456/07

Section 3.3.9 of the By-law indicates that Portable Garages are PROHIBITED in all Zones.

For further information, please refer to the Town of Petawawa website at www.petawawa.ca

Contact us before you dig

Planting a tree, building a deck or a fence? Contact ON1Call first to get a locate so you can dig safely.

Remember, you are liable for any damage or injury caused by interfering with any buried infrastructure.



Request your free locate online or call 1-800-400-2255. We are open 24 hours a day, 7 days a week.

POOL AND FENCE BY-LAW 378/06

The By-law requires that a pool fence permit must be obtained from the Building Department for swimming pools in excess of 18 inches (45 centimeters) in depth, whether or not there is an existing fence.

To install a fence around your property, you do not require a permit, however there are regulations within the By-law that must be adhered to. For more information please call the Municipal Office at 613-687-5536.

BURNING BY-LAW 294/04

Town residents must keep in mind that burning any time of year is prohibited in certain areas of the Town of Petawawa regardless of Recreational or Open Air Burning. **Zero tolerance will be enforced for those who burn without a permit. Charges will be laid.**



Open Air Burning – No persons shall set a fire or allow a fire to burn within the boundaries of the Town of Petawawa without first having obtained a permit from the Municipality or the Chief Fire Official. Open air burning is not allowed from **June 1 to September 30** inclusive.

Recreational Fires – Requires approval by the Chief Fire Official or designate. **Site visits will be conducted and smoke alarms will be tested** to ensure that they are functional prior to the issuing of the permit.

Open Air Burning and Recreational Burning Permit Applications, as well as a copy of By-law 294/04, can be obtained at The Town of Petawawa Office located at 1111 Victoria Street or on the Town website www.petawawa.ca.

GETTING MARRIED? Marriage licences available at the Municipal Office

Simply pick up an application from the Municipal Office or print a copy from our municipal website at www.petawawa.ca (Town Hall/ Clerk's page). Bring the completed application form along with two pieces of original identification (as identified on our website) for each applicant to the Municipal Office. At least one of the applicants must be present to submit the application and pick up the completed licence. If either applicant has been divorced please bring the original certificate of divorce.

A marriage licence is valid for a period of three months and is valid for use anywhere in Ontario. The cost of the licence is \$100. For inquiries please call 613-687-5536 ext. 2003.

To book a wedding or photos at Centennial Park, please contact the Parks and Recreation Department at 613-687-5678.

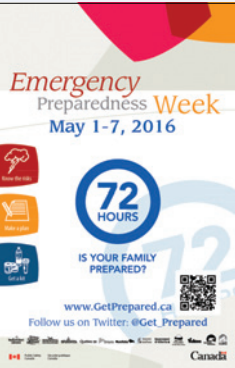


WATER USE BY-LAW 293/04

In order to ensure that water shortages do not occur, Council has passed a Water Use By-law. This By-law regulates the consumption and use of water during the year. **The following regulations apply:**

1. Residents occupying an **even numbered address** may water on **even numbered calendar days** only.
2. Residents occupying an **odd numbered address** may water on **odd numbered calendar days** only.
3. Watering is allowed only between the hours of **6:00 am and 9:00 am**, and between the hours of **6:00 pm and 9:00 pm**.
4. Swimming pools or large capacity hot tubs shall not be filled from residential sources. Contact Public Works at 613-687-2692 for further details.
5. No person shall willfully allow water to run waste from the Town water system. Wasting water generally includes but is not restricted to one of the following:
 - Permitting water to pool or run off any lawn, garden or other outside plants;
 - Directing water onto a paved surface, including driveways, sidewalks or roadways during irrigation;
 - Operating a fountain or pond without re-circulating the water;
 - Washing any vehicle or the outside of a building with the use of a hose not equipped with a shut-off nozzle;
 - Use of flowing water instead of dry sweeping to remove loose debris from a residential driveway, walkway or sidewalks.
6. **Exemptions** to these rules:
 - residents who water their lawns/gardens/etc from a water source other than the municipal water system at any time;
 - watering newly laid sod or grass seed at any time for a period not to exceed fourteen (14) days from the time of planting (permission must be obtained from the Municipal Office prior to watering at 613-687-5536);
 - watering newly planted trees, shrubs, gardens while being installed and during the following 24 hours after the completion of installation.
7. Anyone not following these rules may be charged and fined.

If you require additional information, please contact the Municipal Law Enforcement Officer at 613-687-8438.



Emergency Preparedness Week is May 1-7, 2016

As a resident of the Town of Petawawa you have a responsibility to ensure that you are prepared for an emergency.

Visit www.ontario.ca/beprepared to create your individual or family emergency plan.

By taking steps to prepare ahead of time you are helping to ensure that the Town of Petawawa is a more resilient community.

LEAVE THE PHONE ALONE



Petawawa
Police Services Board
Our Community. Our Home

Distracted driving has now surpassed impaired driving as the leading cause of traffic fatalities. Locally, nearly half of all accidents investigated in Petawawa are consistently attributable to “distracted driving”.

Statistics are scary and the results can be tragic. The age group most at risk is drivers between 16 and 29.

Research shows that texting and driving is the same as driving blind for 5 seconds or driving after drinking 4 beers. It also makes you 23 times more likely to have an accident.

In 2016, the Petawawa Police Services Board in partnership with the OPP will be working to make the driving public more aware of the hazards of driving distracted. Part of that process will be the installation of these signs (above) around the Town.

If you're driving - Please Leave the Phone Alone. Be a role model - stop or pull over.



BEAR ENCOUNTERS

Who Do I Call in the Upper Ottawa Valley?

The Ministry of Natural Resources and Forestry is working collaboratively with the Ontario Provincial Police to protect public safety and educate communities across Ontario about black bear behaviour. Black bears that come into a populated area aren't always a threat to public safety.

Non-Emergency Encounters

Call the toll-free Bear Wise reporting line at 1-866-514-2327 (TTY 705-945-7641) if a black bear is:

- Roaming around, checking garbage cans;
- Breaking into a shed where garbage or food is stored;
- In a tree;
- Pulling down a bird feeder or knocking over a barbecue; or
- Moving through a backyard or field but is not lingering.

Emergency Situations

ONLY CALL 911 if a black bear poses an immediate threat to personal safety by exhibiting threatening or aggressive behaviour, such as:

- Entering a school yard when school is in session;
- Stalking people and lingering at the site;
- Entering or trying to enter a residence;
- Wandering into a public gathering; or
- Killing livestock/pets and is lingering at the site.

For further information regarding the Bear Wise program, please visit the following website: www.bears.mnr.gov.on.ca



Commissioning Services at the Municipal Office Need someone to witness your signature?

A Commissioner of Oaths is a person authorized to take your oath or solemn affirmation when you sign an affidavit or a statutory declaration. A Commissioner does not certify that the statements being made are true, but only certifies that an oath or solemn affirmation has been administered properly.

If you require commissioning services, please visit the Municipal Office or call 613-687-5536 for more information. Be sure to bring identification whenever you need documents commissioned. There is no fee for this service.

WIFI

Did you know there are WiFi areas in Petawawa?
Watch for WiFi Hot Spot Signs at these Petawawa locations:

- **Norman Behnke Hall** – 11 Norman Street
- **Town Office** – 1111 Victoria Street
- **Pembroke/Petawawa Lions Club Hall** – 1163 Victoria Street
- **Evergreen Stage (off Algonquin Street)** – 18 Park Drive



Petawawa Accessibility Advisory Committee

The Petawawa Accessibility Advisory Committee (PAAC) is the local citizen group, with municipal support, that ensures the mandates of the Accessibility for Ontarians with Disabilities Act (AODA) are implemented with respect to customer service, information and communication, transportation, employment and design of public spaces. The PAAC actively champions the principals of dignity, independence, integration and equal opportunity for full inclusion for all Ontarians with disabilities. PAAC was involved in a Barrier Free Community audit, which assessed Town owned properties against accessibility standards. Throughout the coming years, and before the 2025 deadline, as we move to meet an accessible Ontario, the Town of Petawawa will undertake measures to resolve assessed barriers.

PAAC is active in the review of building and development plans, often providing contractors and builders with recommendations to facilitate more barrier free structures. One in seven people in Ontario has a disability, for Petawawa; that represents approximately 2,300 Petawawa residents. By 2036 that number will rise to 1 in 5 as the population ages. For our local business community, customers with disabilities will represent 40% of total income in Ontario. A more accessible Petawawa, therefore, is good for our economy and our community.

If you are interested in becoming a member of the PAAC or if you have comments or suggestions that will benefit our Town, please contact the Municipal Offices at 613-687-5536.

DID YOU KNOW?

Tracy Annand-Robichaud, born and raised in Petawawa, began skiing at 9 years of age at Molson Ski Hill, racing in the Nancy Green Ski League and Upper Ottawa Valley Ski Zone. In 1977, Tracy was named to the Canadian National Ski Team but resigned in 1979 after a training incident caused a serious knee injury. Tracy went on to compete in the US Women's World Pro Tour from 1980-1983.



From the ski hills to the water, Tracy competed at the Canadians in Waterskiing, won the Western Canadian Windsurfing title and represented Canada at the World Windsurfing Championships.

Today, as a certified Level 3 Alpine coach and Watersport Instructor, Tracy coaches the racing program at Mt. Cascade and is a selected guest Coach for Alpine speed events for the Ottawa/Outouais region.

Mike Rowe was born in Kingston in 1965 and moved to Petawawa in the mid-1970s where he began his minor hockey career as a Petawawa Patriot.

Mike left Petawawa in 1981 to join the Toronto Marlboros of the OHL where he played for four seasons as a defenseman and racked up 886 penalty minutes.

He was drafted by the Pittsburgh Penguins in the 3rd round, 58th overall of the 1983 NHL Draft. He played three different seasons for the Pittsburgh Penguins for a total of 11 career games and registered 11 penalty minutes.

His NHL career was cut short due to a shoulder injury and he went on to play seven seasons in the British Hockey League mainly for the Whitley Warriors.



Here we grow again!

The Town of Petawawa congratulates all businesses that opened their doors, celebrated milestones, or expanded over the last year!

- **Fijisan Sushi**
- **Line-X**
- **NRTC Communications**
- **Royal Bank**
- **Splash Auto Care**
- **Supplement King**
- **True Essence Healing Centre**

While there are undoubtedly businesses absent from this list, we support and thank all our local businesses for their excellence in service and quality. The local business community is a vital component leading to the outstanding quality of life we enjoy in Petawawa.

ServiceOntario

making it easier | c'est si simple

www.ServiceOntario.ca

PETAWAWA:

Building R 102, 41 Festubert Avenue (inside the CANEX Plaza)

1-800-267-8097

HOURS OF OPERATION:

Tuesday, Thursday, and Friday from 9:30 am to 5:00 pm

SERVICES OFFERED:

- Driver and Vehicle
- Health
- Photo Identification





Festival Hall CENTRE FOR THE ARTS

Introducing... an online ticketing system. The online ticketing system allows you to select your theater seats, at time of ticket purchase, ensuring you reserve seats of your choice. Of course you can still order your tickets through the box office.



Interested in the Patron of Arts Campaign?... As a supporting patron of this local Community Theatre, you will get your name or business added to our STAR WALL.

Did you know?... that Festival Hall was recently updated with new staging, curtains and sound equipment.

In theatre for 2016... New comedies, music, dance, drama and local programming. Multi-talented and legendary Canadian singer/songwriters such as Murray McLaughlin, Ian Thomas, Marc Jordan, and Cindy Church will return in 2016.

For more details... Check out www.festhall.ca or call 613-735-2182 for information and or tickets for shows.



Ladies and gentleman, Boys and Girls, And Wild Ones of all ages... Welcome to the Petawawa Heritage Village, a village based on the years 1865 - 1900 and home to history that has been never seen before. Come out and join us during the summer season, and the Village during its special events.

Our costumed interpreters tell the pioneer story as they demonstrate traditional chores, trades and pastimes. Come see our blacksmith work a hunk of iron into an ornate fire stoker and enjoy the enticing aromas of traditional recipes baked in our outdoor oven. Each day we bring history to life in an engaging way as we welcome you into our homes and businesses.

www.petawawaheritagevillage.com

Download the Town of Petawawa's app



The Petawawa app provides residents and visitors alike with quick access to information about the town.

Download the app and stay up to date with the latest news, weather and events going on in the Town of Petawawa.

AVAILABLE THROUGH



GUIDE TO OUTSIDE

Seven Reasons Why Paddling Makes You a Better Person

WRITTEN BY Kaydi Pyette
PUBLISHED: September 11, 2015 Canoeroots Magazine

You'll be happier

Spending time in nature makes us feel more alive—and that's a good thing. Numerous studies have linked exposure to nature with increased energy and a heightened sense of wellbeing. "Nature is fuel for the soul," reports University of Rochester psychology professor, Richard Ryan. "Often when we feel depleted we reach for a cup of coffee, but research suggests a better way to get energized is to connect with nature."

You'll make do with less

When you have to carry your possessions with you, you're forced to bring less. It's freeing to discover how little you need to survive and what can be achieved with the bare minimum. Leave digital distractions, consumerism and vanity at home—a PFD, canoe and paddle is the price of admission to adventure. Bring a backpack carrying shelter and food to extend your exploration for days. You'll discover the things that really matter—and I'll bet it's not watching HBO on a big screen.

You'll disconnect to reconnect

Sometimes paradise is just a paddle stroke away. Literally and figuratively, pull away from the shore and feel lighter, breathe easier. You don't need to go on an epic expedition to forget your troubles (though it helps)—on the water, deadlines don't seem so pressing and day-to-day concerns don't seem so heavy. A small boat on a big body of water has a way of putting things into their proper perspective.

You'll be thankful

Indoor plumbing never seemed as miraculous as after returning from a two-week wilderness trip in the height of bug season. Climate control? Covered areas larger than 36 square feet? Drinking water on demand? Hot water on demand? And it's not just the modern conveniences back home you'll find new appreciation for—as anyone who's ever been reduced to tears of gratitude by a simple hot cuppa on dry land after a grueling day understands.

You'll work as a team

Tandem canoeing requires a certain amount of skillful communication—there's a reason some call the canoe a divorce boat. Yet, four arms are better than two, especially when working in tandem. Canoe tripping allows for practicing interpersonal skills, like leadership and teamwork. And you'll get better at clearly expressing yourself after your partner repeatedly directs you into the wrong eddy.



("Which rock are you talking about?!") Healthy group dynamics are their own reward—nothing beats the camaraderie created by a happy, functioning team. Best friends forever.

You'll push your limits

There will be heat, and there will be cold, there will be rain and wind—there will be miles, and maybe sore muscles. Equipment may break down and require ingenuity to fix. Conditions could deteriorate and force you to draw on years of experience to manage. Boundaries will be pushed, and comfort zones expanded. It's in these places that we learn most about ourselves and grow.

You'll learn acceptance

Sometimes, that storm will continue unabated for days—and there's not a damn thing you can do about it. Get used to it.



Download Petawawa's Guide to Outside app

available through



PADDLING & SAFE BOATING

Petawawa is well known for both its whitewater and flat-water paddling opportunities. The Petawawa River offers whitewater enthusiasts a range of challenges. The Ottawa River with hundreds of islands, is a flat-water paradise. There is so much to discover in Petawawa that is exciting, rich in history and full of adventure.

Want to try something NEW? We are offering Stand Up Paddle Board Yoga, as well as opportunities to be trained as a Paddling Instructor.

You can join us every second Tuesday at 6pm this summer – **May 24-September 15** – for our FREE Social Evening Paddles. There is no cost and kayaks, canoes or stand up paddle boards are available to use with participation in this program. Call 687-5678 ext. 2102 to reserve your time and equipment.

SAFE BOATING! – Anytime you are out paddling make sure to use the buddy system and paddle with someone. Make sure you are carrying a bailing device, 15M of floating rope, a sound device (whistle) and flashing lights if you plan on being out after dusk, and most importantly, a proper fitting PFD.

RENTALS AND LESSONS

Petawawa Point Beach

Kayak, stand up paddle boards and canoe rentals and lessons

Rentals: \$5/hr, \$30/daily

Premium kayak/SUP: \$10/hr, \$60/daily

Private Lessons: \$15/hr,
2-to-1 lessons \$25/hr



PETAWAWA CONSTRUCTION YARD BIKE PARK

PARK ETIQUETTE

The Petawawa Civic Centre Bike Park offers a new riding experience to off road cycle enthusiasts from Petawawa and abroad. Designed by Jay Hoots, the park offers varying riding experiences for riders of all ages and abilities. Complete with pump tracks, skills features and a wall ride, the park is a one of a kind in Eastern Ontario and Western Quebec. The nature of the sport requires users to follow park etiquette and rules of use while using the park. Please adhere to these standards at all times.

1. Respect others. Communicate with other park users.
2. Unauthorized jumps and features will be removed – no modifications allowed without prior approval.
3. Check park for debris or hazards before using.
4. Report what you damage.
5. Know your limits – ride safely.
6. Read and understand difficulty ratings posted.

RULES OF USE

1. Do not ride when park is wet.
2. Area prone to flying bodies and bikes – use at your own risk.
3. Know your limits – ride within them.
4. Skulls and dirt are a deadly combination – use an approved helmet – helmets are mandatory.
5. Proper use of approved protective gear (chest, elbow, and knee/shin guards) is strongly recommended.
6. Track and jump surfaces change with the weather. Please inspect your riding lines before riding.
7. Spectator's – please watch from outside the track surface. You'll be much safer there.
8. Alcohol, tobacco and/or drugs are prohibited. Get your high from the ride.
9. No motorized or R/C vehicles allowed.
10. Please help keep our park clean – put trash in trash cans.
11. Keep pets safe – leashed and outside the area.
12. Park is open daily from dawn to dusk.
13. Ride safely and have fun.
14. Call 9-1-1 for an emergency.

Please report concerns to the Town of Petawawa Parks and Recreation Department – 613-687-5678.

PETAWAWA – A WALKABLE COMMUNITY



Any birdwatcher, stargazer or snowshoe enthusiast knows the inherent pleasures of walking. But walking is more than an enjoyable mode of transportation. It can also improve your fitness, health and mental well-being. Check out Petawawa's walking loops at www.guidetooutside.ca

- Walking refreshes the mind, reduces fatigue and increases energy.
- More than half the body's muscles are designed for walking; it is a natural movement that is virtually injury-free.
- Walking provides an enjoyable time for sharing and socializing with friends or family.
- Regular, brisk walking can reduce elevated blood fats or blood pressure and improve digestion and elimination.
- Walking relieves stress and tension.
- Regular walking increases the number of calories you expend and helps you feel good about your body. When combined with healthy eating, walking will help you maintain a healthy weight and a positive body image.
- Brisk walking is an aerobic activity. It increases the body's demand for oxygen and trains your heart, lungs and muscles to work more efficiently.

The above is an excerpt from Walking: The Activity of a Lifetime, a pamphlet from The Leisure Information Network.

PETAWAWA TRAILS – DID YOU KNOW?

- 1** The Millennium Trail was started in 1999 with a large contribution from the Ontario Trillium Foundation, 2CER and many individual financial contributions from the public and business alike!
- 2** The Millennium Trail won a prestigious Provincial award for its Innovation in 2004 as a walking museum!
- 3** The Petawawa Trillium Trail, being a "final" link in the Trans-Canada Snowmobile trail and a year round mobility trail, was realized with the culmination in the installation of the bridge across the Petawawa River that again was realized by the efforts of 2CER, The Town of Petawawa and the Ontario Federation of Snowmobile Clubs.
- 4** The Petawawa Terrace Provincial Park, sitting within the boundaries of the Town of Petawawa, contains the Terrace Nature Interpretive Trail and plays a significant role with abundant skiing, snowshoeing and walking trails throughout.
- 5** The Soldier's Challenge trails, located between Garrison Petawawa and Town of Petawawa properties, contain the Parachute Trail, Search and Rescue Trail, Joint Task Trail and the Recruit Trail. These were an initiative designed by PSP and Petawawa Parks and Recreation to assist military members train for the prestigious IRONMAN and Land Force Command Physical Fitness Standards (LFCPFS) and to also allow local citizens to see what it takes to train for such gruelling physical endurance tests!
- 6** Petawawa is proud to have the fast flowing Petawawa/Barron River and the mighty Ottawa Rivers as landmarks of water trails within our boundaries. Many times a year, canoes, rafts and kayaks traverse the Barron River that flows out of the Algonquin Park, joining the Petawawa River, continuing through Petawawa to join the Ottawa River.
- 7** The Emerald Necklace, a concept designed trail network, was created following construction of the Millennium Trail to interweave throughout the municipality, as a means to connect parks, green spaces and trails to promote healthy, active living among residents and visitors alike!

PETAWAWA PARKS INVENTORY

PARK NAME	LOCATION	Swingset	Playground	Accessible Play Features	Play Structure	Boat Launch	Beach	Outdoor Rink	Bike Track	Arena	Batting Cage	Soccer	Tennis Courts	Baseball	Slc-Pitch	Basketball	Mini-Putt	Horseshoe Pits	Beach Volleyball	Walking Trails	Spectator Seating	Park Benches	Parking	Picnic Facility	Monument	Bike Rack	Lighting	Washroom	Gazebo	Bandstand	Players Bench	Drink Fountain	Info Centre	
Boaters Point	Rantz Rd.					•																•	•											
Briar Patch	26P Briarwood Dr.	•	•	•	•																													
Centennial	18P Park Dr.		•	•	•		•																•		•		•	•	•	•	•	•	•	
Civic Centre	16 Civic Centre Rd.	•	•	•					•	•	•	•	•			•						•	•	•	•	•	•	•	•	•	•	•	•	
Enchanted Forest	19 Earl St./Beach Est.	•	•	•	•																•	•	•	•		•								
Fish Hatchery	9P Sunset Cres.	•	•		•																	•	•			•	•							
Indian Field	1064 Victoria St.													•							•	•								•				
Jack Pine	286P Carla St.	•	•	•	•																													
Kiddyland	11 Norman St.	•	•	•	•									•							•	•	•			•								
Kramers Korner	40 Heritage Dr.	•	•	•	•																													
Lakeview	777 Lakeview Ave.	•	•		•																													
Natures Acre	48P Hilda St.	•	•		•																													
Petawawa Point	1073 Island View Dr.		•		•	•	•												•			•	•					•					•	
Pineridge	8P Pineridge Cres.	•	•		•			•								•								•										
Turtle	95 Sylvan Dr.	•	•	•	•																													
Woodland	30 Woodland Cres.	•	•	•	•																		•											



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Birthday Party Packages



MINI PUTT PACKAGES

Mini Putt packages can be scheduled at any time in which the mini putt area is open. The Kinhut area is utilized for congregating for food and cake.

Package #1 – 10 Participants

- 2 Large Pizzas (plain or pepperoni)
- 10 Drinks (pop or juice)
- Utensils (for 10)
- 1/4 Slab Cake (personal message)
- 10 Mini Putt Passes

\$115.00 + HST

Package #2 – 25 Participants

- 5 Large Pizzas (plain or pepperoni)
- 25 Drinks (pop or juice)
- Utensils (for 25)
- 1/2 Slab Cake (personal message)
- 25 Mini Putt Passes

\$228.00 + HST

Clowns, Inflatables, Balloon Twisters, Face Painters – available at additional cost

CALL THE TOWN OF PETAWAWA TO BOOK YOUR PARTY NOW: 613-687-5678

All packages include tables, chairs, room (Kinhut for Mini Putt Party), set up & final room clean up upon removal of all party-related items brought in by renter. All decorations are to be supplied by the renter & removed at the end of rental or placed in waste receptacles. No staff are included in any of the above package fees for any child supervision or any other related services.



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VOLUNTEERING IN PETAWAWA

You can make a difference in your community! Whether you can spend a few hours a year or a day a week volunteering it will have a direct positive impact on your community and the people in it.

There are several opportunities for you to share your expertise and what you love doing from helping to make a community event a success to teaching kids art or music programs. Let us know what you love doing and we will find a program or event to match.

Call 687-5678 * 2102 for details.

VOLUNTEER OPPORTUNITIES

Petawawa Civic Centre Fundraising Committee
 613-687-5678 * 2101

Special Events
 (Civic Centre Days – Upper Ottawa River Race, etc.)
 613-687-5678 * 2102

Recreation Programs
 (children, youth, adults and older adults)
 613-687-5678 * 2102



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Pick up your pet tag at the **Town of Petawawa's main office at 1111 Victoria Street, Petawawa.**

Questions? Contact us!
Call us at **613-687-5536**
or email us at email@petawawa.ca.



COMMUNITY CONTACT LIST

Amateur Radio Club (Renfrew County)

George Dionne
Tel: 613-687-6707
Email: Gdionne@nrtco.net

BALL:

Ladies Slo-Pitch

Tel: 613-687-5678
Email: recreation@petawawa.ca

Men's Slo-Pitch

C.J. Harper
Tel: 613-261-8118
Email: christopherjharper@hotmail.com

Mixed Slo-Pitch

Chrissy Jolicoeur
Tel: 613-639-5498
Email: Chrissyj44@hotmail.com

Petawawa Indians Oldtimers Team

Bart Campbell
Tel: 613-687-2914
Email: bart.campbell@cni.ca

Umpire Association

Chrissy Jolicoeur
Tel: 613-639-5498
Email: Chrissyj44@hotmail.com

Minor Ball

Bart Campbell
Tel: 613-687-2914 or 613-281-9785
Email: bart.campbell@cni.ca

Big Brothers Big Sisters Renfrew County

Tel: 613-247-4776
Email: info@bbbsoc.ca
Website: bbbsrc.ca

Bingo – Civitan Sunday Night Bingo

Darlene Lambert
Tel: 613-735-6069
Email: civitandarlene@live.ca
Brian Minor
Tel: 613-687-4503
Email: bsminer@hotmail.com

Boys and Girls Club

Tel: Clubhouse 613-735-1933
Email: executivedirector@boysandgirlsclubofpembroke.org

Broomball

Chrissy Jolicoeur
Tel: 613-639-5498
Email: Chrissyj44@hotmail.com

Canoe & Kayak & SUP

Club & Rentals
Tel: 613-687-5678 ext. 2102
Email: Ccoyle@petawawa.ca

Champlain Dog Club

Sandy Allen
Tel: 613-687-2572
Email: riverwaves2014@outlook.com

DAY CAMP:

Town of Petawawa

Shallan Damant
Tel: 613-687-5678 ext. 2103
Email: sdamant@petawawa.ca

Ducks Unlimited

Bob MacKenzie
Tel: 613-687-8217
Email: Big_huggy_bear@hotmail.com

Fiddling Lessons

Mark Dojczman
Tel: 613-732-3531
Email: fiddleshop@outlook.com

Girl Guides

Tel: 1-877-323-4545
Email: info@guidesontario.org
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Monday to Friday 8:30am – 4:15pm

Grandmothers to Grandmothers

Esther Gaudet
Tel: 613-732-4984
Email: estherg@bell.net

Indoor Rock Climbing Club

Tel: 613-687-5159
Email: PetawawaIRCC@gmail.com

HOCKEY:

Women's

Hugh Martin
Tel: 613-582-7040
Email: beachburgarena@nrtco.net

TNHL League (Oldtimers)

Tom Chisholm
Tel: 613-687-2528
Email: tandcind@msn.com

Silverkings

Darryl White
Tel: 613-281-1645
Email: White613@nrtco.net

Chiefs

Chuck Davidson
Tel: 613-687-4255

Monday Nighters

Craig Brunton
Tel: 613-401-5355
Email: craig.brunton@gmail.com

Ottawa Valley District Girls

Website: www.girlshockey.ca
Email: president@girlshockey.ca

Minor Hockey

Website: www.petawawaminorhockey.ca
Tel: 613-687-1277
Email: GPMHA@hotmail.com

Horticultural Society

Tel: 613-717-9981
Email: petawawahortsec@gmail.com
Website: petawawahorticultural.com

Kayaking Whitewater (River Rats)

David Doyle
Tel: 613-687-6761
Email: david.doyle2010@gmail.com

NURSERY SCHOOLS:

Kiddie Kollege

Tel: 613-687-2104 ext. 233
Email: Kiddie.kollege@pmfrc.org

Kinder Connection

Kathy Pardy
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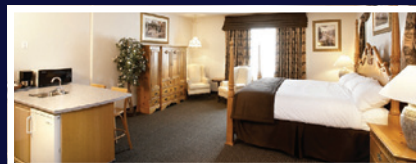
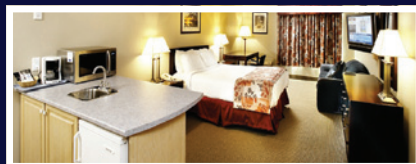


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Ontario Special Olympics – Pembroke
Pat Durston
Tel: 613-687-4533
Email: pembroke@specialolympicsontario.ca

Personnel Support Programs – Aquatics
Tel: 613-687-5511 ext. 5305
Email: erika.jensen@forces.gc.ca
Website: psppetawawa.com

Personnel Support Programs – Community Recreation
Tel: 613-687-2932
Email: felicia.arsenault@forces.gc.ca
Website: psppetawawa.com

Petawawa Heritage Village
Tel: 613-687-5054
Website: petawawaheritagevillage.com

Petawawa Military Family Resource Centre
Tel: 613-687-7587 ext. 3221
Email: isa.pmfr@bellnet.ca
Website: familyforce.ca/sites/Petawawa

QUILTING:

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Tel: 613-589-2095
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Thursday Crafters Group
Marg Lacroix
Tel: 613-687-4964
Email: mecwars@cogeco.ca
Ann Bain
Email: abain@sympatico.ca

Ringette (Upper Ottawa Valley)
Tel: 613-585-8022
Email: president@uovringette.ca
Website: uovringette.ca

Running Club – Les Coureurs de Bois
Rick Schroeder (Head Coach)
Tel: 613-631-0273
www.lescoureursdebois.ca
Find us on Facebook as well

Scouts Canada – Petawawa
Erin Roberts
Tel: 613-584-4006
Email: eeroberts_dixon@msn.com

SERVICE CLUBS:

Civitan Club (Petawawa)
Darlene Lambert
Tel: 613-735-6069
Email: civitandarlene@live.ca

Knights Of Columbus
Grand Knight Jack Schreuder
Tel: 613-732-3384

Pembroke Petawawa Lions
Tel: 613-687-5020

Rotary Club of Petawawa
Ed Chow
Tel: 613-687-5732
Email: m2266@hotmail.com

Royal Canadian Legion
Tel: 613-687-2504
Email: petawawalegion@nrtco.net

Shooting Club
Email: cfbpgc@gmail.com
Website: www.cg.cfpsa.ca/cg-pc/
Petawawa/EN/RecreationAndLeisure/
Clubs/Pages.Shooting.aspx

Silver Threads Seniors Club
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Email: silverthreadspetawawa@hotmail.ca

SKATING:

Petawawa Skating Club
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Website: petawawaskatingclub.com

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SOCCER:

Minor
Rita Bartlett
Email: ritacoriveau@hotmail.com

Men's
Justine Mumford
Tel: 613-687-0492
Email: jbmumford@sympatico.ca

Women's
Justine Mumford
Tel: 613-687-0492
Email: jbmumford@sympatico.ca

South Side Community Centre
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Streetlight Theatre Company
Website: slt.morganwhalen.com

T.O.P.S. (Take Off Pounds Sensibly)
Bride Turcotte
Tel: 613-602-0016
Email: bratnick43@gmail.com

Toastmasters Club
Fran Watson
Tel: 613-649-2950
Email: fran.toastmasters@gmail.com

Ultimate Frisbee
Colin Coyle
Tel: 613-687-5678 ext. 1202
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